## **Registration Information**

#### A MINIMUM OF 20 REGISTRATIONS ARE REQUIRED

to offer this workshop, so please sign up early or have us reserve a place for you. Class is limited to 40 registrants. Registration and payment must be received by September 27, 2016 to get the Early Bird rate.

## Workshop Schedule

Friday, October 7, 2016\* 7:30 a.m. - 8:30 a.m. - Onsite Registration 8:30 a.m. - 4:00 p.m. - Workshop

12:00 - 1:00 p.m. - Lunch on your own Saturday, October 8, 2016\* 8:30 a.m. - 4:00 p.m. - Workshop

12:00 - 1:00 p.m. – Lunch on your own \*Continental breakfast provided both days

## **Workshop Location**

THE RIVERSIDE HOTEL North Star Room, second floor 2900 Chinden Blvd., Boise, ID 83714

## **CE Hours**

- NBCC 
  Provider No. 6525 credit for Counselors – 12 CE HOURS
- Social Worker CEs approved (ISCSW) 12 CE HOURS (LSW, LMSW, LCSW levels)

## **Cancellation Policy**

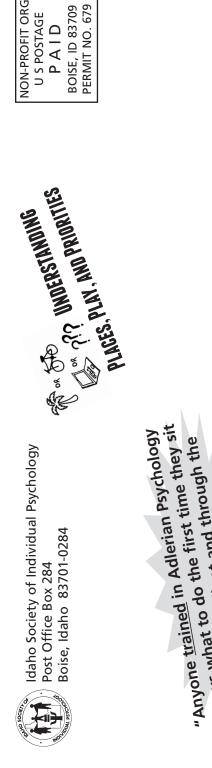
Unable to give refunds after September 27th.

## **Special Accommodations**

Please contact Tom McIntyre by September 27 at (208) 344-7194 if you need special accommodations.

## Hotel Accommodations

Ask for special ISIP rates (first come, first serve). THE RIVERSIDE HOTEL, 2900 Chinden Blvd., Boise, ID 83714. RESERVATIONS: (208) 343-1871. Single or Double Occupancy \$96.



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Wes Wingett &

Steven Maybell



Idaho Society of Individual Psychology presents

# **ADLERIAN STRATEGIES FOR: UNDERSTANDING PLACES, PLAY, AND PRIORITIES**



**Facilitated by** Wes Wingett, PhD

Friday, October 7, 2016 Saturday, October 8, 2016

**BOISE, IDAHO** 

# Adlerian Strategies for: Understanding **PLACES, PLAY, AND PRIORITIES**

## - Registration -

Registration Fee: \$195 (includes ISIP membership) 20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together. Discount NOT available for <u>online</u> registrations. Full Time Student: \$95 (group discount not available)

Student's Professor's Signature

Name:	 
Address:	 
City	
Day Phone:	 
Evening Phone:	 
E-mail:*	 
Profession/License	
Agency/Institution	

To register, detach this completed form and mail with your payment.

Make check payable to **ISIP**. Mail payment and completed registration form to: Tom McIntyre 828 E. Pennsylvania Drive, Boise, Idaho 83706

### To Register online, go to OUR NEW WEBSITE www.adleridaho.org

EARLY BIRD REGISTRATION DEADLINE: Sept. 27 \$25 LATE FEE AFTER SEPTEMBER 27.

Cancellation Fee of \$25 will be retained before September 27. NO REFUNDS after September 27. A \$25 returned check fee must be assessed for insufficient funds. For questions or additional information, contact Tom McIntyre, Executive Director, ISIP at (208) 344-7194 or by e-mail at <u>adleridaho@gmail.com</u>

\*Please note: Confirmation is sent via e-mail only.



## Featured Speaker: Wes Wingett, Ph.D.

Wes Wingett PhD has been a counselor, educator, and consultant in private practice in Norfolk, NE since 1978.

Dr. Wingett, a Diplomate in Adlerian Psychology conferred by the North American Society of Adlerian Psychology, has coauthored several articles published in professional journals, coauthored several chapters in books, selfpublished four workbooks focusing on the application of Adlerian psychology to various challenges of living, and co-authored four workbooks on families. He has conducted workshops based on the Individual Psychology of Alfred Adler in twenty states in the United States, Puerto Rico, three provinces in Canada and several countries in central and far eastern Asia, Europe, Central America and South America.

## ADLERIAN STRATEGIES FOR: UNDERSTANDING PLACES, PLAY, AND PRIORITIES

This didactic and experiential workshop will be focused on understanding children, adolescents, and adults utilizing three Adlerian-based strategies. "Places" will focus on perception of events and experiences at home and school, "play" will focus on perception of childhood experiences of playing alone and in groups, "priorities" will focus on strategies developed to solve problems and to interact more effectively at home, at work, and in the community.

Participants will be able to utilize the strategies demonstrated and experienced to their specific work with children, adolescents, and adults.

## Friday, October 7, 2016

#### 8:30-10:00 a.m.

#### Session 1 – Principles of Adlerian Psychology

**Goal:** Participants will examine several of Alfred Adler's theoretical principles. Adler viewed humans as socially embedded, self-determining, creative, subjective, holistic, and goal directed.

#### 10:00 a.m. – Break

10:15-12:00 noon

#### Session 2 – Places and Perceptions

**Goal:** Participants will identify all of their places of residence from birth through age 10, identify events associated with each residence, and clarify the meaning attached to the events through developing life-style statements.

12:00 noon – Lunch

#### 1:00-2:15 p.m.

#### Session 3 – Schools and Perceptions

**Goal:** Participants will identify all of their places of residence from birth through age 10, identify events associated with each residence, and clarify the meaning attached to the events through developing life-style statements.

#### 2:15 p.m. – Break

#### 2:30-4:00 p.m.

#### Session 4 – Solitary Play and Perceptions

**Goal:** Participants will identify childhood play activities that they did alone, identify what they liked about the activity, and clarify the meaning of the play activity.

## Saturday, October 8, 2016

#### 8:30-10:00 a.m.

#### Session 5 – Group Play and Perceptions

**Goal:** Participants will identify childhood play activities that they did with others, identify what they liked about the activity, and clarify the meaning of the play activity.

#### 10:00 a.m. – Break

#### 10:15-12:00 noon

#### Session 6 - Identification and Use of Character Traits

**Goal:** Participants will identify at least ten character traits that described themselves, identify three uses of each character trait, and determine how they are utilizing the character traits.

12:00 noon – Lunch

#### 1:00-2:15 p.m.

Session 7 – Utilization of Character Traits in Personal Situation Goal: Participants will identify a challenging personal situation, determine character traits that are useful in solving the problem, and generate alternative solutions.

#### 2:15 p.m. – Break

#### 2:30-4:00 p.m.

## Session 8 – Utilization of Character Traits in Group and Professional Settings

**Goal:** Participants will apply personal character traits to group situations to solve problems or create products that are socially useful. Partici-pants will generate possible applications of the materials to their professional settings.