

CREDITS FOR ATTENDANCE

CE Hours - 14

*** Includes 3 hours of ETHICS ***

Friday, March 2nd - 6 hours

(Includes 1 hour ETHICS)

Friday Evening - ETHICS - 2 hours

Saturday, March 3rd - 6 hours

1. National Board for Certified Counselors (NBCC)  Provider #6525

2. Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers

3. Idaho STARS training hours

Certificates of Attendance available to all attendees.

GRADUATE CONTINUING EDUCATION CREDIT

Northwest Nazarene University

(Must attend both day programs and evening program)

Instructor of Record – Paula Edmonds, M.Ed., LCPC

1 Credit. \$65.00

Registration for credit on-site only.

For more information call (208) 344-7194.

HOTEL REGISTRATION INFORMATION

THE RIVERSIDE HOTEL

2900 Chinden Boulevard
Garden City, Idaho 83714

Special Conference Rates:

Single or Double Occupancy \$99.00

RESERVATIONS:

(208) 343-1871

Room Guaranteed if Reserved by 2-3-2018

INDICATE YOU ARE AN ISIP PARTICIPANT!



Idaho Society of Individual Psychology
Post Office Box 284
Boise, Idaho 83701-0284

*"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."
Wes Wingett, Ph.D. & Steven Maybell, Ph.D.*

NON PROFIT
U.S. POSTAGE
PAID
Boise, ID 83709
PERMIT No. 679

Who attends ISIP Conferences?

- Counselors
- Social Workers
- Case Managers
- Educators
- Child Care Providers
- Psychologists
- Business Professionals
- Doctors & Nurses
- Parents

Includes 3 hours of ETHICS!



Idaho Society of Individual Psychology

Helping Clients to Change: Adaptive Reorientation Therapy (ART)



James Robert Bitter, Ed.D.
Presenter

ISIP ANNUAL CONFERENCE March 2 & 3, 2018

The Riverside Hotel

2900 Chinden Blvd., Garden City, Idaho

ISIP Registration

Sign up for:

	Regular	Full Time Student**
<input type="checkbox"/> Both Days*	\$ 250	\$ 125
<input type="checkbox"/> Friday only*	\$ 195	\$ 90
<input type="checkbox"/> Saturday only*	\$ 180	\$ 80

*Friday evening INCLUDED WITH above Registration.

<input type="checkbox"/> Friday Evening only	\$ 65	\$ 65
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(Friday eve. only Late Charge after 2/16 - \$25)

20% DISCOUNT offered for 3 or more registrants from the same agency for REGULAR registrations when submitted together. Discount NOT AVAILABLE for Student, Online or Evening Only registrations.

CONFERENCE REGISTRATION INCLUDES: ISIP MEMBERSHIP, CONTINENTAL BREAKFAST BOTH DAYS, & FRIDAY LUNCH.

**REQUIRED - Student's Professor's Signature

VEGETARIAN Lunch - Friday

CONFERENCE REGISTRATION \$ _____

LATE CHARGE after 2/16/2018 (\$25) \$ _____

CONFERENCE TOTAL \$ _____

TOTAL ENCLOSED \$ _____

Please Print

Name _____

Address _____

City _____ ST _____ Zip _____

Day Phone _____

Evening Phone _____

Email* _____

Profession _____

Institution _____

Make checks payable to ISIP and mail along with this registration information to ISIP, P.O. Box 284, Boise, ID 83701 or to Register Online, go to www.adleridahonet.org DISCOUNT NOT AVAILABLE FOR ONLINE REGISTRATIONS.

Cancellation Fee of \$25 will be retained before February 16. NO REFUNDS after February 16.

Phone (208) 344-7194 • adleridahonet@gmail.com

*Please note: Confirmation is sent via e-mail only.

Helping Clients to Change: Adaptive Reorientation Therapy (ART)

FRIDAY, MARCH 2nd	
7:30 a.m.	Registration & Continental Breakfast
8:30 a.m.	Introduction to Adaptive Reorientation Therapy 1. Forming relationships and Lifestyle Assessment 2. The Z Factor: The Quest to Feel Good 3. Differentiating the Z Factor from Compelling Emotions
10:00 a.m.	BREAK
10:15 a.m.	Counseling Demonstration • Processing the Demonstration: a discussion with the audience (15 minutes)
12:00 noon	LUNCH (included in Registration)
1:00 p.m.	Understanding & Working with Emotional States 1. Understanding the Stress – Distress – Anxiety – Anger – Depression Progression 2. Linking Emotions to Evolutionary Psychology 3. Linking Emotions to Lifestyle Themes
2:15 p.m.	BREAK
2:30 p.m.	Counseling Demonstration • Processing the Demonstration: a discussion with the audience (15 minutes)
3:30 p.m.	ETHICS Jennifer Obenshain, MSW, LCSW Professional Boundaries - An Ethical Imperative with a Movable Line
4:30 p.m.	DISMISSAL

FRIDAY, MARCH 2nd	
7-9 p.m. 2 Hours	ETHICS Jennifer Obenshain, MSW, LCSW – Personal Values, Professional Values, and Ethics: How Our Values Influence Ethical Decision Making

Learning Objectives:

At the end of the workshop, participants should be able to:

1. Link emotional/behavioral presentation to lifestyle themes and processes
2. Assess motivation for change
3. Link cognitive-emotional responses to interventions and treatment
4. Address symptom-reduction as well as engage in replacement therapy for a more functional life

James Robert Bitter, Ed.D., is Professor of Counseling and Human Services at East Tennessee State University in Johnson City, TN. He is a Diplomate in Adlerian Psychology (NASAP, 2002), and the former Editor of the *Journal of Individual Psychology*. He is the current President of the North American Society of Adlerian Psychology (NASAP), a position he will hold through 2018. Jim is the author or co-author of 4 books, including *Adlerian Group Counseling and Therapy: Step-by-Step* (2004); *Contributions to Adlerian Psychology* (2011); and *The Theory and Practice of Family Therapy and Counseling* (2nd ed., 2014) – as well as more than 60 journal articles, chapters, and videos.

SATURDAY, MARCH 3rd	
7:30 a.m.	Registration & Continental Breakfast
8:30 a.m.	Focusing on Reality 1. 20 Realities of Social Living: "This is Water" 2. No change can happen until people stop embracing victimization 3. All change starts with an acceptance of things exactly the way they are
10:00 a.m.	BREAK
10:15 a.m.	Counseling Demonstration • Processing the Demonstration: a discussion with the audience (15 minutes)
12:00 noon	LUNCH (on your own)
1:30 p.m.	Adaptive Reorientation in Action 1. Focusing on and working with symptom reduction 2. Developing a plan for replacement therapy: A new approach to life tasks 3. Encouragement, Reframing, Celebrating Improvement, Acknowledgement of Strengths, Validation of Experience, & Implementation of Social Interest: Resilience Applied
3:00 p.m.	BREAK
3:15 p.m.	Counseling Demonstration • Processing the Demonstration: a discussion with the audience (15 minutes)
4:30 p.m.	DISMISSAL

He is the featured master therapist on the video for Adlerian family therapy on the Psychotherapy.net series Family Therapy with the Experts. Jim was privileged to study, write, and work with Virginia Satir for more than ten years, and he has also studied with the master Gestalt therapists, Erv and Miriam Polster, and the founder of Narrative Therapy, Michael White. Starting with his early work at Idaho State University with Dr. Tom Edgar and later with his mentor, Dr. Manfred Sontegard, Jim has participated in establishing and supporting five family education centers in the United States, and contributing to the development of another five throughout the world.

Jennifer Obenshain, MSW, LCSW received her Master's Degree in Social Work from Boise State University and has been a clinical social worker in the community since 2000. Between 2000 and 2015 she worked in the medical setting as a social worker, a clinical educator and as a bioethics consultant.

As a medical social worker Jennifer worked in the Pediatric Intensive Care Unit and then as a Clinical Educator for St. Luke's Health System, overseeing education and clinical competency development for all social workers within the system. Jennifer completed advanced training in bioethics and has served as a bioethics consultant for the health system, specializing in pediatric ethics, for the past 7 years. She presents extensively on both Bioethics and Social Work ethics locally and nationally and is currently the chair for the Idaho Chapter of NASW ethics committee.