

Registration Information

A MINIMUM OF 20 REGISTRATIONS ARE REQUIRED

to offer this workshop, so please sign up early or have us reserve a place for you. Class is limited to 40 registrants. **Registration and payment must be received by October 2, 2018 to get the Early Bird rate.**

Workshop Schedule

Friday, October 12, 2018*

7:30 a.m. - 8:30 a.m. – Onsite Registration

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

Saturday, October 13, 2018*

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

*Continental breakfast provided both days

Workshop Location

THE RIVERSIDE HOTEL

North Star Room, second floor

2900 Chinden Blvd., Boise, ID 83714

CE Hours

- NBCC Provider No. 6525 credit for Counselors – **12 CE HOURS**
- Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers – **12 CE HOURS** (LSW, LMSW, LCSW levels)

Cancellation Policy

Unable to give refunds after October 2nd.

Special Accommodations

Please contact Tom McIntyre by October 2nd at (208) 841-1048 if you need special accommodations.

Hotel Accommodations

Ask for special ISIP rates (1st come, 1st serve).

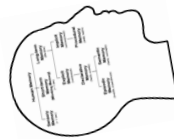
THE RIVERSIDE HOTEL, 2900 Chinden Blvd., Boise, ID 83714.

RESERVATIONS: (208) 343-1871.

Single or Double Occupancy \$96.

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PAID
BOISE, ID 83709
PERMIT NO. 679

**Making Memory
Maps -
Creating Lifestyle**



Idaho Society of Individual Psychology
Post Office Box 284
Boise, Idaho 83701-0284



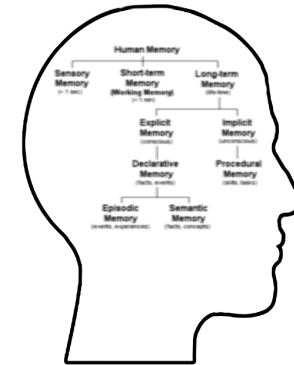
"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."
Wes Wingett & Steven Maybell



Idaho Society of
Individual Psychology
presents

An Advanced Workshop

Making Memory Maps - Creating Lifestyle



Facilitated by
Wes Wingett, PhD

Friday, October 12, 2018
Saturday, October 13, 2018

BOISE, IDAHO

Making Memory Maps - Creating Lifestyle

– Registration –

Registration Fee: \$195 (includes ISIP membership)

20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.

Discount NOT available for online registrations.

Full Time Student: \$95 (group discount not available)

Student's Professor's Signature

Name: _____

Address: _____

City _____ ST ____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail: * _____

Profession/License _____

Agency/Institution _____

To register, detach this completed form and mail with your payment.

Make check payable to **ISIP**. Mail payment and completed registration form to: Tom McIntyre
828 E. Pennsylvania Drive, Boise, Idaho 83706

**To Register Online, go to
www.adleridaho.org**

**EARLY BIRD REGISTRATION DEADLINE: OCT. 2
\$25 LATE FEE AFTER OCTOBER 2.**

**Cancellation Fee of \$25 will be retained before
October 2nd. NO REFUNDS after October 2nd.**

A \$25 returned check fee must be assessed for insufficient funds.

For questions or additional information, contact
Tom McIntyre, Executive Director, ISIP
at (208) 841-1048 or by e-mail at
adleridaho@gmail.com

***Please note: Confirmation is sent via e-mail only.**



Featured Speaker: Wes Wingett, Ph.D., LMHP

Wes Wingett, PhD, LMHP has been a counselor in private practice in Norfolk, NE since 1978. Prior to entering private practice, Dr. Wingett had been employed as a counselor in a mental health center, a university program development specialist, and in multiple educational settings as a counselor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, NE, and his masters and doctorate in guidance and counselor education from the University of Wyoming in Laramie, WY. Additional graduate study was completed at the University of Northern Colorado and the University of Vermont.

Dr. Wingett's private practice focuses on providing individual, couple, and family counseling, consultation to educational institutions and businesses, and presenting Adlerian training in a variety of national and international venues. Wes has served as a consultant in the areas of aging and long-term care solutions, early childhood education, time and stress management, domestic violence, drug and alcohol prevention and treatment, health care and wellness, criminal justice, adult-child relationships and training of professional educators and counselors.

Making Memory Maps - Creating Lifestyle

This didactic and experiential workshop will focus on understanding the development of lifestyle through the creation of a childhood memory map. The childhood memory map will focus on family, friends, neighborhood, and school. Lifestyle conclusions will be developed based on the personal perceptions of the components of the memory map. Components of the lifestyle conclusions will be utilized in seeking solutions to current challenges. The workshop will be conducted using the theory of Alfred Adler and will emphasize empathy, encouragement, equality, ethics and education as the theoretical and practical.

Objectives: Participants will (1) review several principles of Adlerian psychology, (2) create a childhood memory map focusing on family, friends, and community, (3) identify personal perceptions of childhood family, friends, and community, (4) utilize the perceptions as a source of strengths and socially useful strategies, (5) identify a current challenge, and (6) utilize personal strengths and resources to move toward a solution of the identified challenge.

Friday, October 12, 2018

8:30-10:00 a.m.

Session 1:

Some Principles of Adlerian Psychology
The Map of Good Memories
Demonstration of a Memory Map
Creation of Memory Maps

10:00-10:15 a.m. – Break

10:15-12:00 noon

Session 2:

Process Creation of Maps
Dyadic Sharing of Maps
Processing Sharing of Maps
Kurt Adler on Lifestyle

12:00-1:00 p.m. – Lunch

1:00-2:15 p.m.

Session 3:

Interview: Family
Lifestyle conclusions: Family
Process

2:15-2:30 p.m. – Break

2:30-4:00 p.m.

Session 4:

Interview: School
Lifestyle conclusions: School
Process

Saturday, October 13, 2018

8:30-10:00 a.m.

Session 5:

Interview: Friends
Lifestyle conclusions: Friends
Process

10:00-10:15 a.m. – Break

10:15-12:00 noon

Session 6:

Interview: Play
Lifestyle conclusions: Play
Process

12:00-1:00 p.m. – Lunch

1:00-2:15 p.m.

Session 7:

Interview: Important place
Lifestyle conclusions: Important place
Process

2:15-2:30 p.m. – Break

2:30-4:00 p.m.

Session 8:

I learned conclusions
Professional applications
Summary