

Advanced Adlerian Workshop Registration Information

Class is limited to 40 registrants. Early registration is requested for planning purposes. To get the Early Bird Rate registration, payment must be received by October 15, 2019.

Workshop Schedule

Friday, October 25, 2019*

7:30 a.m. - 8:30 a.m. – Onsite Registration
8:30 a.m. - 4:00 p.m. – Workshop
12:00 - 1:00 p.m. – Lunch on your own

Saturday, October 26, 2019*

8:30 a.m. - 4:00 p.m. – Workshop
12:00 - 1:00 p.m. – Lunch on your own
**Continental breakfast provided both days*

Workshop Location

RIVERSIDE HOTEL
Northstar Room, Second Floor
2900 Chinden Blvd., Boise, Idaho 83714

CE Hours

- NBCC Provider No. 6525 credit for Counselors –12 CE HOURS
- Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers – 12 CE HOURS (LSW, LMSW, LCSW levels)

Cancellation Policy

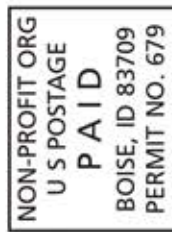
Unable to give refunds after October 15, 2019.

Special Accommodations

Please contact Edward Mowry by October 15th at (208) 761-2921 if you need special accommodations.

Hotel Accommodations

Participants need to secure their own accommodations. Reasonably priced nearby motels:
Budget Host Inn, 800 Overland Rd., Boise, ID (800) 733-1418
Motel 6, 2323 Airport Way, Boise, ID (208) 344-3506.
Riverside Hotel, 2900 Chinden Blvd., Boise ID (208) 343-1871



Creating Life Style
in Three Acts
Adlerian Advanced
Workshop



Idaho Society of Individual Psychology
Post Office Box 8736
Boise, Idaho 83707



"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."

Wes Wingett, Ph.D. & Steven Maybell, Ph.D.

IDAHO
SOCIETY OF
ISIP
INDIVIDUAL
PSYCHOLOGY

Creating Lifestyle
in Three Acts
an Advanced Workshop



Friday, October 25, 2019
Saturday, October 26, 2019
BOISE, IDAHO

Creating Lifestyle in Three Acts

an Advanced Workshop

- Registration -

Registration Fee: \$195 (includes ISIP membership)
20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.
Discount NOT available for online registrations.
Full Time Student: \$95 (group discount not available)

Student's Professor's Signature

Name: _____

Address: _____

City _____ ST ____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail*: _____

Profession/License _____

Agency/Institution _____

To register, mail this completed form with your payment.

Make check payable to ISIP. Mail payment and completed registration form to: Edward Mowry
6026 West Robertson Drive, Boise, Idaho 83709

To Register online, go to

www.adleridaho.org

EARLY BIRD REGISTRATION DEADLINE:

OCTOBER 15th

\$25 LATE FEE AFTER October 15th

Cancellation Fee of \$25 will be retained before

Oct. 15th. NO REFUNDS after Oct. 15th.

A \$25 returned check fee must be assessed for insufficient funds.

For questions or additional information, contact

Edward Mowry, Training Director, ISIP

at (208) 761-2921 or by e-mail at

adleridaho@gmail.com

*Please note: Confirmation is sent via e-mail only.



Featured Speaker: Wes Wingett, Ph.D., LMHP

Wes Wingett, PhD, LMHP has been a counselor in private practice in Norfolk, NE since 1978. Prior to entering private practice,

Dr. Wingett had been employed as a counselor in a mental health center, a university program development specialist, and in multiple educational settings as a counselor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, NE, and his masters and doctorate in guidance and counselor education from the University of Wyoming in Laramie, WY. Additional graduate study was completed at the University of Northern Colorado and the University of Vermont.

Dr. Wingett's private practice focuses on providing individual, couple, and family counseling, consultation to educational institutions and businesses, and presenting Adlerian training in a variety of national and international venues. Wes has served as a consultant in the areas of aging and long-term care solutions, early childhood education, time and stress management, domestic violence, drug and alcohol prevention and treatment, health care and wellness, criminal justice, adult-child relationships and training of professional educators and counselors.

Creating Lifestyle in Three Acts

Creation of Life Style in Three Acts is a didactic and experiential workshop based on the psychology developed by Alfred Adler.

Each of the three acts represents one separate and distinct component of the development and adaptation of life style. Act I focuses on family legacy including the perception and conclusions drawn about the stories, photographs, memorabilia, artifacts, and events that were part of your family of origin before your birth. Act II focuses on family relationships including your arrival into the family and the first five years of your life including the perceptions, images, and relationships that you observed and experienced and the conclusions that you drew. Act III focuses on the adaptation of the life style as you currently experience the worlds of work, friendship, love, self-care, and spirituality.

Emphasis will be on the practical application of Adlerian psychology in personal and professional venues and the workshop will be conducted modeling empathy, encouragement, equality, and ethics in an educational setting.

Friday, October 25, 2019

8:30 - 10:00 a.m. Session 1

Introductions

Some Principles of Adlerian Psychology

Creating of Pre-birth Family Constellation

Discussing of Pre-birth Family Constellation

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 2

Defining Memorabilia

Identifying Family Memorabilia

Discussing Family Memorabilia

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 3

Defining Events

Identifying Family Events

Discussing Family Events

Drawing Conclusions

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 4

Creating At-birth Family Constellation

Discussing Events at Birth

Encouraging others

Saturday, October 26, 2019

8:30 - 10:00 a.m. Session 5

Creating Floor Plan

Discussing Floor Plan

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 6

Assessing Relationships in Family of Origin

Describing Life Style Conclusions

Discussing Life Style Conclusions

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 7

Creating Current Family Constellation

Defining Events

Identifying Family Events

Discussing Family Events

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 8

Describing a Current Challenge

Creating Socially Useful Outcome

Identifying Connections

Describing Courageous Actions

Discussing of Personal and Professional Applications