

Registration Information

A MINIMUM OF 20 REGISTRATIONS ARE REQUIRED

to offer this workshop, so please sign up early or have us reserve a place for you. Class is limited to 40 registrants. **Registration and payment must be received by April 23, 2019** to get the Early Bird rate.

Workshop Schedule

Friday, May 3, 2019*

7:30 a.m. - 8:30 a.m. – Onsite Registration

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

Saturday, May 4, 2019*

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

*Continental breakfast provided both days

Workshop Location

THE RIVERSIDE HOTEL

North Star Room, second floor

2900 Chinden Blvd., Boise, ID 83714

CE Hours

- NBCC Provider No. 6525 credit for Counselors – **12 CE HOURS**
- Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers – **12 CE HOURS** (LSW, LMSW, LCSW levels)

Cancellation Policy

Unable to give refunds after April 23, 2019.

Special Accommodations

Please contact Tom McIntyre by April 23rd at (208) 841-1048 if you need special accommodations.

Hotel Accommodations

Ask for special ISIP rates (1st come, 1st serve).

THE RIVERSIDE HOTEL, 2900 Chinden Blvd., Boise, ID 83714.

RESERVATIONS: (208) 343-1871.

Single or Double Occupancy \$109.

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PAID
BOISE, ID 83709
PERMIT NO. 679

Individual Psychology
- Skills -
for Enhancing Relationships
with Clients

Idaho Society of Individual Psychology
Post Office Box 284
Boise, Idaho 83701-0284



"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."
Wes Wingett & Steven Maybell



Idaho Society of
Individual Psychology
presents

An Advanced Workshop

Individual Psychology

- Skills -

**for Enhancing
Relationships**

with Clients

Facilitated by
Rocky Garrison, PhD

Friday, May 3, 2019
Saturday, May 4, 2019

BOISE, IDAHO

Individual Psychology
- Skills -
for Enhancing Relationships with Clients

- Registration -

Registration Fee: \$195 (includes ISIP membership)

20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.

Discount NOT available for online registrations.

Full Time Student: \$95 (group discount not available)

Student's Professor's Signature

Name: _____

Address: _____

City _____ ST ____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail:* _____

Profession/License _____

Agency/Institution _____

To register, mail this completed form with your payment.

Make check payable to **ISIP**. Mail payment and completed registration form to: Tom McIntyre 828 E. Pennsylvania Drive, Boise, Idaho 83706

To Register online, go to

www.adleridaho.org

EARLY BIRD REGISTRATION DEADLINE: April 23

\$25 LATE FEE AFTER APRIL 23.

Cancellation Fee of \$25 will be retained before April 23rd. NO REFUNDS after April 23rd.

A \$25 returned check fee must be assessed for insufficient funds.

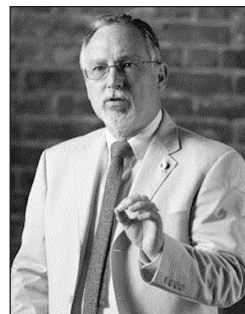
For questions or additional information, contact

Tom McIntyre, Executive Director, ISIP
at (208) 841-1048 or by e-mail at
adleridaho@gmail.com

***Please note: Confirmation is sent via e-mail only.**

Effective June 1, 2019 NEW ISIP phone is 208-302-2624

Featured Speaker:
Rocky Garrison, Ph.D.



My original training in Adlerian Psychology was with Rich Kopp when I was in graduate school, 1973-1978. He was the chair of my dissertation using early recollections to explore sex role stereotypes. I completed a post graduate certification in Adlerian psychotherapy with Bob Powers and Jane Griffith in 1990. I served as Treasurer of IAIP, am a long-term member of NASAP and have served on their Board of Directors. I was also a board member and President of Oregon Society of Individual Psychology. I have published several papers in JIP and presented at the annual conference numerous times. I am currently an Associate Professor at Adler Graduate School in Minneapolis, where I teach on-line courses.

Individual Psychology

- Skills -

for Enhancing Relationships with Clients

Alfred Adler described and modeled a process for integrating the results of the assessment process in counseling, identifying seven "tests for correctness." In the first day of this workshop specific IP strategies for generating hypotheses about the client's style of living and for assembling and verifying these hypotheses into a case formulation will be presented and demonstrated. A method unique to IP, multiple psychotherapy, will also be described and demonstrated as one way to utilize the case formulation in therapy.

The second day of the workshop focuses on developing the IP skills related to enhancing the client relationship and to promoting an encouraging, respectful, and egalitarian working alliance. Current literature identifies four key factors of a working alliance: informed consent, nurturing a therapeutic bond, sustaining task orientation, and maintaining goal alignment. The Working Alliance Inventory will be used to define the components of a constructive therapeutic relationship and to aid participants in identifying their strengths and weaknesses in the process of establishing and maintaining a working alliance.

Overview

- A. Generating Style of Living Hypotheses
 1. Family Constellation/Genogram (McGoldrick, Gerson & Petry, 2008, Powers & Griffith, 1987, Shulman & Mosak, 1988)
 2. Life Style Listening (Garrison, 2016)
- B. Assembling and Verifying Strategies
 1. Adler's "...tests for correctness" (1956, pp. 331-332)
 - a. Interview with family physician present
 - b. Set aside the symptoms
 - c. Look for assumptions
 - d. "The Question"
 - e. Necessity
 - f. Single melody
 - g. Holism
 2. Goal Identification
 3. Two Points of a Line (Dreikurs, 1965)
- C. Multiple Psychotherapy (Dreikurs, Shulman, & Mosak, 1984)
- D. Working Alliance
 1. Informed Consent
 2. Nurturing a Therapeutic Bond
 3. Sustaining Task Orientation
 4. Maintaining Goal Alignment