

Advanced Adlerian Workshop

Registration Information

Class is limited to space available. Early registration is requested for planning purposes. To get the Early Bird Rate registration, payment must be received by May 1st, 2021.

Workshop Schedule

Friday, May 14th, 2021

8:30 a.m. - 12:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch

1:00 p.m. - 4:00 p.m. – Workshop

Friday, May 21st, 2021

8:30 a.m. - 12:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch

1:00 p.m. - 4:00 p.m. – Workshop

Workshop Location

This workshop will be offered for 2 days broken up into 4 sessions each day. They will be offered online using the Zoom platform.

CE Hours

- NBCC Provider No. 6525 credit for Counselors –12 CE HOURS
- Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers – 12 CE HOURS (LSW, LMSW, LCSW levels)

Cancellation Policy

Unable to give refunds after May 1st, 2021.

Special Accommodations

Please contact Dave Webster by May 1st, 2021 at (208) 681-3283 if you need special accommodations.

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Adlerian Therapy Bootcamp:
Theory and Practice
an Advanced Workshop



Idaho Society of Individual Psychology
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Boise, Idaho 83707



Wes Wingett, Ph.D. & Steven Maybell, Ph.D.

IDAHO
SOCIETY OF
ISIP
INDIVIDUAL
PSYCHOLOGY



Adlerian Therapy Bootcamp:
Theory and Practice
an Advanced Workshop

Online Adlerian Workshop

Friday May 14th, 2021 &
Friday May 21st, 2021

Adlerian Therapy Bootcamp: Theory and Practice an Advanced Workshop

- Registration -

Registration Fee: \$195 (includes ISIP membership)
20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.
Discount NOT available for online registrations.
Full Time Student: \$95 (group discount not available)

Student's Professor's Signature

Name: _____

Address: _____

City _____ ST ____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail:* _____

Profession/License _____

Agency/Institution _____

To register, mail this completed form with your payment.

Make check payable to ISIP.

Mail payment and completed registration form to:

ISIP: P.O. Box 8736, Boise, Idaho 83707

To register online, go to

www.adleridaho.org

EARLY BIRD REGISTRATION DEADLINE:

May 1st, 2021

\$25 LATE FEE AFTER May 1st, 2021

Cancellation Fee of \$25 will be retained before

May 1st. NO REFUNDS after May 1st.

A \$25 returned check fee must be assessed for insufficient funds.

For questions or additional information, contact

Dave Webster ISIP Immediate Past President

at (208) 681-3283 or by e-mail at

adleridaho@gmail.com

*Please note: Confirmation is sent via e-mail only.



Featured Speaker:

Jon Sperry

Ph.D., LMHC, LCSW, NCC

Jon Sperry, Ph.D., LMHC, LCSW, NCC is a core faculty member in the Clinical Mental Health Counseling program at Lynn University. He is a board certified licensed mental health counselor and a licensed clinical social worker in the state of Florida and has been a staff therapist at the Counseling and Psychological Services at Florida Atlantic University (FAU) since 2010. Dr. Sperry is currently the co-editor in chief of the Journal of Individual Psychology. Dr. Sperry has co-authored five textbooks, five book chapters, and various professional articles. In November 2017, he co-authored the book, Cognitive Behavioral Therapy in Counseling Practice, through Routledge Publishing.

In addition to his clinical experience and publications, he has conducted workshops and lectures throughout the United States and in 19 countries around the globe.

For more information about Dr. Sperry and his work, please visit www.drjonsperry.co

Adlerian Therapy Bootcamp: Theory and Practice

Adlerian therapy is well suited for clinical practice today because its theory and practice is compatible with a wide range of contemporary approaches. It is noteworthy that many of the basic principles of Adlerian theory have influenced and predated some of the most commonly utilized counseling approaches that are used today (Corey, 2017). The Adlerian perspective is optimistic and focuses on assets, strengths, and health rather than on liabilities, deficits, and pathology.

This workshop will focus on the utilization of Adlerian strategies that can be used with adolescents and adults. The workshop will introduce trauma-informed Adlerian case conceptualization and will also highlight how practitioners can incorporate Feedback Informed Treatment (FIT) in Adlerian counseling. Emphasis will be on Adlerian case conceptualization, lifestyle assessment, and Adlerian-informed treatment strategies.

Friday, May 14, 2021

8:30 - 10:00 a.m. Session 1

Psychopathology from an Adlerian Perspective

Goal: How Adlerian theory can be used to explain human suffering, emotions, and psychiatric disorders

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 2

The ABC's of ER's – Early Recollections

Goal: This workshop will review the use of Early Recollections (ER's) in counseling practice

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 3

Early Recollections and Lifestyle Assessment

Goal: Several early recollection and lifestyle assessment processes through experiential practice.

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 4

Utilizing Feedback Informed Treatment (FIT) in Adlerian Counseling

Goal: Explain how Feedback Informed Treatment (FIT) can be used in Adlerian counseling practice.

Friday, May 21, 2021

8:30 - 10:00 a.m. Session 1

Trauma-Informed Adlerian Case Conceptualization

Goal: Define trauma-informed care and understand the basic principles for conceptualizing cases through a trauma-informed Adlerian lens.

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 2

CBT and Adlerian integration: Introduction

Goal: The overlap and consistency, and contrasting elements, of CBT and Adlerian Psychology.

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 3

CBT and Adlerian integration: Lifestyle Assessment

Goal: How CBT and Adlerian assessment can be linked to intervention planning.

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 4

CBT and Adlerian integration: Case Conceptualization and Treatment of DSM-5 Personality Disorders

Goal: A step-by-step strategy for developing effective Adlerian case conceptualizations and treatment plans to effectively work with client's diagnosed with DSM-5 personality disorders