

Advanced Adlerian Workshop

Registration Information

Early registration is requested for planning purposes. To get the Early Bird Rate registration, payment must be received by September 29th, 2023.

Workshop Schedule

Friday, October 13th, 2023

8:00 a.m. -- Doors and Zoom Room Open

8:30 a.m. - 12:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch

1:00 p.m. - 4:00 p.m. – Workshop

Saturday, October 14th, 2023

8:00 a.m. -- Doors and Zoom Room Open

8:30 a.m. - 12:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch

1:00 p.m. - 4:00 p.m. – Workshop

Workshop Location

CWI's Pintail Building in Boise Idaho 1360 S. Eagle Flight Way, Boise ID 83709 or Online through Zoom

CE Hours

- NBCC Provider No. 6525 credit for Counselors –12 CE HOURS
- Social Workers - Idaho IDAPA Chapter 24.14.01, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers – 12 CE HOURS (LSW, LMSW, LCSW levels)

Cancellation Policy

Unable to give refunds after September 29th.

Special Accommodations

Please contact Dave Webster by September 29th at (208) 681-3283 if you need special accommodations.

Hotel Accommodations

Participants need to secure their own accommodations.

Reasonably priced nearby motels:

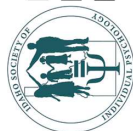
Budget Host Inn, 800 Overland Rd., Boise, ID (800) 733-1418

Motel 6, 2323 Airport Way, Boise, ID (208) 344-3506.

Riverside Hotel, 2900 Chinden Blvd., Boise ID (208) 343-1871



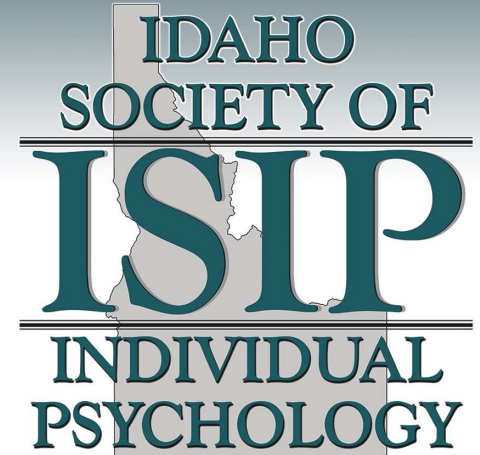
Idaho Society of Individual Psychology
Post Office Box 8736
Boise, Idaho 83707



Family Structure, Encouragement,
& Social Interest:
An Adlerian Approach
an Advanced Workshop

"Anyone trained in Adlerian
Psychology knows what to do
the first time they sit
down with a client and through the
process."

Wes Wingett, Ph.D. & Steven Maybell, Ph.D.



Family Structure, Encouragement, & Social Interest: an Adlerian Approach

an ISIP Advanced Workshop

**This Workshop
will be In-Person at the
CWI Pintail Building
in Boise and online
through Zoom**

**Friday October 13th, &
Saturday October 14th, 2023**

Family Structure, Encouragement, & Social Interest: An Adlerian Approach an Advanced Workshop

It is recommended that attendees have a good understanding of Adlerian Theory before registering.

- Registration -

Registration Fee: \$195 (includes ISIP membership)
20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.
Discount NOW available for online registrations.

Name: _____

Address: _____

City _____ ST ____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail: * _____

Profession/License _____

Agency/Institution _____

To register, mail this completed form with your payment.

Make check payable to ISIP.

Mail payment and completed registration form to:
ISIP

P.O. Box 8736, Boise, Idaho 83707

To Register online, go to

www.adleridaho.org

EARLY BIRD REGISTRATION DEADLINE:

September 29th.

\$25 LATE FEE AFTER September 29th.

Cancellation Fee of \$25 will be retained before
Sept. 29th. NO REFUNDS after September 29th.

A \$25 returned check fee must be assessed for insufficient funds.

For questions or additional information, contact Dave

Webster, ISIP Executive Secretary

at (208) 681-3283 or by e-mail at

adleridaho@gmail.com

**Please note: Confirmation is sent via e-mail only.*



Featured Speaker: Wes Wingett, Ph.D., LMHP

Wes Wingett, PhD, LMHP has been a counselor in private practice in Norfolk, NE since 1978. Prior to entering private practice, Dr. Wingett had been employed as a counselor in a mental health center, a university program development specialist, and in multiple educational settings as a counselor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, NE, and his masters and doctorate in guidance and counselor education from the University of Wyoming in Laramie, WY. Additional graduate study was completed at the University of Northern Colorado and the University of Vermont.

Dr. Wingett's private practice focuses on providing individual, couple, and family counseling, consultation to educational institutions and businesses, and presenting Adlerian training in a variety of national and international venues. Wes has served as a consultant in the areas of aging and long-term care solutions, early childhood education, time and stress management, domestic violence, drug and alcohol prevention and treatment, health care and wellness, criminal justice, adult-child relationships and training of professional educators and counselors.

Family Structure, Encouragement, & Social Interest: An Adlerian Approach

This didactic and experiential workshop will focus on family constellation and family constellation across the life span, identifying possibilities for encouragement of self and others across the life span, the development of social interest of self across the life span, and the management of transitions across the life span. Emphasis will be on utilizing these principles of Adlerian psychology to understand self and to facilitate positive personal and social movement for individuals, couples, families, and groups.

Objectives of the workshop:

identify several types of family structures; identify strengths and contributions of self and others; Identify transitions of families explore methods to encourage self and others; Explore methods to encourage the socially useful contributions of self and others; Apply the knowledge gained to working with individuals, couples, families, and groups.

Friday, October 13th

8:30 - 10:00 a.m. Session 1

Some Principles of Adlerian Psychology

- Types of family structure
- Five phases of family structure
- Encouragement and the recognition of strengths
- Social interest and the recognition of areas of contribution
- Identification and adaptation of family transitions

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 2

- Demographics of my family at the birth
- Identification of family constellation and structure at birth, of strengths of each member of the family, of areas of contribution of each member of the family, and of family transitions

- Processing of gathered materials

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 3

- Demographics of my family at 8 years of age
- Same process as session 2 but at 8 years of age.
- Processing of gathered materials

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 4

- Demographics of my family at 18 years of age
- Same process as session 2 but at 18 years of age.
- Processing of gathered materials

Saturday, October 14th

8:30 - 10:00 a.m. Session 5

- Demographics of my family at 28 years of age
- Same process as session 2 but at 28 years of age.
- Processing of gathered materials

10:00 - 10:15 a.m. – Break

10:15 - 12:00 noon Session 6

- Demographics of my family at 38 years of age
- Same process as session 2 but at 38 years of age.
- Processing of gathered materials

12:00 - 1:00 p.m. – Lunch

1:00 – 2:15 p.m. Session 7

- Demographics of my family current time
- Same process as session 2 but at current time-ears of age.
- Processing of gathered materials

- Processing of gathered materials

2:15 - 2:30 p.m. – Break

2:30 – 4:00 p.m. Session 8

- Discussion of personal and familial patterns
- Investigation of change processes
- Discussion of professional applications with individuals, couples, families, groups