

CREDITS FOR ATTENDANCE

CE Hours - 13

*** includes 2 Sessions of Ethics/Boundaries ***

Friday, February 28th - 7 hours

Saturday, March 1st - 6 hours

1. National Board for Certified Counselors (NBCC) Provider #6525
2. Social Workers - Idaho IDAPA Chapter 14.14.01, Section 100.05 authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers.

GRADUATE CONTINUING EDUCATION CREDIT

Northwest Nazarene University

(Must attend both day programs and evening program)

Will submit paper to instructor of record

1 Credit.....\$60.00

Registration for credit on-site only.

For more information call 208-606-0940

This Conference will be offered both in-person at the Riverside Hotel in Boise and online via Zoom.

HOTEL ACCOMODATIONS

THE RIVERSIDE HOTEL

2900 Chinden Boulevard

Garden City, Idaho, 83714

Special Conference Rates:

Individuals seeking reservations should call The Riverside Hotel at 208-343-1871. Request reservations under the group name: "Idaho Society of Individual Psychology" with the dates desired. Make sure to call by midnight Monday February 6, 2025 to receive the special group rate of \$181.00.



Idaho Society of Individual Psychology
Post Office Box 8736
Boise, Idaho 83707



Who attends ISIP Conferences?

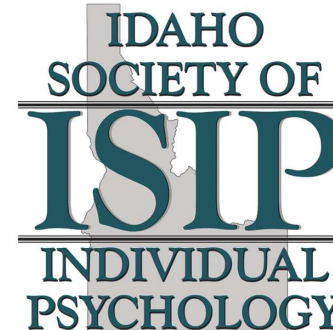
- Counselors
- Social Workers
- Case Managers
- Educators
- Child Care Providers
- Psychologists
- Business Professionals
- Doctors & Nurses
- Parents

Includes 3 hours of Boundaries & ETHICS!

Don't Miss Our Annual Conference!

ISIP ANNUAL CONFERENCE

February 28th & March 1st



Presents

"Intimacy: A Task for Two"



WES WINGETT, PH.D., LMHP



LASHANNA STEPHENS, MS, LPC, CCHC, ACS

REGISTER AT:
WWW.ADLERIDAHO.ORG



This conference will be offered in-person at The Riverside Hotel in Boise, ID & virtually through Zoom

ISIP Registration

| | | |
|---|---------|---------------------|
| Sign up for: | Regular | Full Time Student** |
| <input type="checkbox"/> Both Days* | \$270 | \$135 |
| <input type="checkbox"/> Friday Only* | \$215 | \$110 |
| <input type="checkbox"/> Saturday Only* | \$200 | \$100 |

*Friday Ethics INCLUDED WITH above Registration

Friday Ethics/Boundaries only* \$75 \$75

(Friday Ethics only Late Charge after 2/8 - \$25)

CHECK HERE IF YOU ATTENDING THROUGH ZOOM.

20% DISCOUNT offered for 3 or more registrants from the same agency for REGULAR registrations submitted together. Discount NOT AVAILABLE for Student or Evening Only registrations.

CONFERENCE REGISTRATION INCLUDES: ISIP MEMBERSHIP

Students will need to provide proof of student status by providing their professor's signature below or a copy of an email from their current professor.

Professor's Signature: _____

CONFERENCE REGISTRATION \$ _____

LATE CHARGE after 2/8/2025 (\$25) \$ _____

CONFERENCE MATERIALS SENT BY MAIL (\$20) \$ _____

ALL ATTENDEES WILL BE EMAILED ACCESS TO DIGITAL MATERIALS

CONFERENCE TOTAL \$ _____

TOTAL ENCLOSED \$ _____

Please Print

Name _____

Address _____

City _____ ST _____ Zip _____

Day Phone _____

Evening Phone _____

Email* _____

Profession _____

Institution _____

Make checks payable to ISIP and mail along with this registration information to ISIP, P.O. Box 8736, Boise, ID 83707 or to Register Online, go to www.adleridaho.org

Cancellation Fee of \$25 will be retained before February 8th. NO REFUNDS after February 15th.

Phone (208) 606-0940 • adleridaho@gmail.com

***Please note: Confirmation is sent via e-mail only.**

FRIDAY, FEBRUARY 28TH

| | |
|------------|--|
| 7:30 a.m. | Online Attendees: Zoom Room Opens In-Person: Registration & Continental Breakfast |
| 8:30 a.m. | Session 1: Introductions Introduction to Alfred Adler and John Gottman Where have we been? Interview Additional theory and strategies |
| 10:00 a.m. | BREAK |
| 10:15 a.m. | Session 2: What are my partner's strengths? Interview Additional theory and strategies |
| 11:45 a.m. | LUNCH BREAK |
| 1:15 p.m. | Session 3: How can we connect? Interview Additional theory and strategies |
| 2:15 p.m. | BREAK |
| 2:30 p.m. | ETHICS PART 1: Ethically Approaching Stepfamilies with Differing Value Systems Stephanie Sternes |
| 4:00 p.m. | BREAK |
| 4:15 p.m. | ETHICS PART 2: Boundaries in Specialty Work: Navigating Ethical Competency in Divorce, Stepfamily, and Foster Care Systems Stephanie Sternes |
| 5:45 p.m. | Conclude Conference for Friday |

"Intimacy A Task for Two"

This is a didactic and experiential two-day workshop that focuses on understanding and applying the theory and practice of Adlerian psychology and the clinical research of John Gottman as they relate to counseling couples. Seven theory-based demonstrations of the application of the work of Adler and Gottman will be the focus of the workshop. The atmosphere of the workshop will be characterized by encouragement, empathy, education, and social equality.

Learning Objectives:

At the end of the conference participants will be able to Discuss 8 principles of Adlerian psychology pertaining to couples, Discuss 7 principles of John Gottman's research on couple relationships, Identify childhood perceptions of couple relationships, Identify demonstrations of respect and affection in relationships, Identify opportunities for positive connection in relationships, Identify positive character traits in others, Identify methods to encourage others and self, Identify problem solving strategies for couples, Design a couple mission statement, Design theory and research-based strategies to empower couples

SATURDAY, MARCH 1ST 2025

| | |
|------------|--|
| 7:30 a.m. | Online Attendees: Zoom Room Opens In-Person: Registration & Continental Breakfast |
| 8:30 a.m. | Session 4: How can we move forward? Interview Additional theory and strategies |
| 10:00 a.m. | BREAK |
| 10:15 a.m. | Session 5: How can we solve problems? Interview Additional theory and strategies |
| 11:45 a.m. | LUNCH BREAK |
| 1:15 p.m. | Session 6: How can we understand each other and our differences? Interview Additional theory and strategies |
| 2:45 p.m. | BREAK |
| 3:00 p.m. | Session 7: Where are we going? Interview Additional theory and strategies Summary and conclusions |
| 4:30 p.m. | Conclude Conference |

Wes Wingett

Wes Wingett, PhD, LMHP has been a counselor, consultant, and educator in private practice in Norfolk, NE since 1978. Dr. Wingett's private practice focuses on presenting Adlerian training in a variety of venues, consultation to educational institutions and business enterprises, and providing individual, couple, and family counseling. Dr. Wingett is an adjunct faculty member at Trakia University in Stara Zagora, Bulgaria where he teaches Adlerian based courses to educators and mental health professionals. He has coauthored several articles that have been published in refereed professional journals, coauthored several chapters in books, self-published four workbooks focusing on the application of Adlerian psychology to various challenges of living, and co-authored four workbooks focusing on families. In 2023 he was presented the Lifetime Achievement Award by the North American Society of Adlerian Psychology.

Lashanna Stevens

Ms. Stephens owns a thriving private practice, Sound Advice Counseling, LLC, and also works as a Behavioral Health Assessor. As a sought-after speaker, Ms. Stephens has shared her expertise at prominent conferences, including the North American Society of Adlerian Psychology (NASAP), the Georgia Society of Adlerian Psychology (GSAP), and the South Carolina Society of Adlerian Psychology (SCSAP).