KEY FINDINGS FOR

MENTAL HEALTH AND SUICIDAL THOUGHTS AND BEHAVIORS

IN 2023

4 in 10 high school students experienced **persistent feelings of sadness or hopelessness.**

2 in 10 students **seriously considered attempting suicide** and almost **1 in 10** students **attempted suicide**.

Female and **LGBTQ+ students** were **more likely** than their peers to experience **persistent feelings of sadness or hopelessness**, **poor mental health**, and **suicidal thoughts and behaviors**.

From 2021 to 2023

Hispanic students experienced **decreases** in multiple measures of **poor mental health** and **suicidal thoughts** and **behaviors**.

The percentage of **female students** who **felt persistently sad or hopeless decreased**.

The percentage of **Black students** who **attempted suicide** and who were **injured** in a **suicide attempt decreased**.

YOUTH RISK BEHAVIOR SURVEY DATA
SUMMARY & TRENDS REPORT: 2013–2023